

# March 25, 2024 Meeting

\*Note – this trip is not affiliated with Moscow Middle School or the Moscow School District. It is an independent student/parent educational opportunity.

# This presentation, additional information, and travel applications are located at: **globalxpeditions.weebly.com**





GlobalXpeditions

Expanding your world view through international travel Moscow, Idaho – globalxpeditions.weebly.com



# **Meeting Agenda**

#### Welcome: Cell phones off please

- Just over a year away ☺
- Team Building
- Emails Please read
- Safety Matters
- Covid
- Passports and CDC cards
- Special Accommodations
- Counting groups
- Rules, Roles, and Responsibilities
- Travelers Ubuntu
- Social Media and Phone Etiquette
- Medications and being an Independent traveler
- Homesickness
- Travel hurdles and mantras
- Traveler vs. Tourist
- Fundraising
- Spending Cash
- Phones, debit cards, etc.
- Holiday gift suggestions
- Next meetings
- Questions, Comments, Freaking Outs ©









# **Team Building Days**

Thank you for bringing your money!!!

### > Goal:

These days are to create a "Travel Family"

### Dates:

- Saturday, Sept 21, 2024 from 9-1pm
- Saturday, May 17, 2025 from 9-1pm
- Location: Phillip's Farm



Who is to attend:

ALL travelers (adult and student) need to attend so we can get organized for our long-awaited journey!

Money is non-refundable



# **Gratuity (Tip Money)**

Thank you for bringing in the tip money

- We (your travel leaders) will exchange this for South Korean Won and Japanese Yen prior to travel and will use all the funds for tipping our tour directors and bus drivers while on tour
- > There are no refunds on this money





> Explorica, State Department, CDC

- Matthew and Jason don't decide when it is safe to travel ... we have a network of experts.
- We will re-evaluate every trip IF something arises in that area, region, etc.
- Seen it before...Japan and Tsunami, China and North Korea issues, France and train strikes, Turkey and security issues, Covid 19 pandemic.

> What happens if a new Covid surge arises

- What if the trip cancels?
- What if...



# **Keep Connected**



It is very important to make sure you read all emails that relate to this trip

Please notify us of email address changes or if you have additional ones to add to our list

All traveling students should have an active email and check it regularly

Action Required vs No Action Required





# How has Covid changed our trips?



### <u>Travel in the age of Covid</u>

### Flexibility and adaptability are KEY for all international travel

> Vaccinations are required prior to travel and specific details will be provided this fall

- Best practice is to keep "UP TO DATE" with all vaccinations (Covid, tetanus, flu, etc.)
- Proof of vaccinations will be collected Spring 2025

Flights are fewer and hotels, busses, and planes have increased protocols
 Masking is always a possibility and is recommended if you are not feeling well

## **Passports & Vaccination Information**



#### COVID-19 Vaccination Record Card Please keep this record card, which includes medical information CDC about the vaccines you have received. Por favor, guarde esta tarjeta de registro, que incluye información médica sobre las vacunas que ha recibido. Last Name First Name Date of birth Patient number (medical record or IIS record number) Product Name/Manufacturer Vaccine Lot Number Healthcare Professional Date or Clinic Site 1<sup>st</sup> Dose COVID-19 mm dd 2<sup>nd</sup> Dose COVID-19 mm dd уу Other mm dd **YY** Other mm dd

- Make sure you have a passport by NO LATER than December 2024 and that it is good up through the end of December 2025
- Must be valid 6 months past the travel dates
- When you have your passport in hand, update your Explorica account
- CDC cards or proof of Covid Vaccination AND boosters will be required by NO LATER than our March meeting 2025.

# **Special Accommodations to Explorica**

Dietary Needs — Make sure to contact Explorica with this information and they will add it to your account and let us know too — Diet Card below

Rooming Needs — Adult Single Room (Call Explorica for Pricing)

Medical Issues-Let us know if there are any medical issues to share

Extend your tour – No stay behinds or go ahead are allowed for this trip



# **2025 Travelers List**

### Jason and Stacy's Group

1	Jason Albrech
2	lvy Deaton
3	Lauren Venke

- 4 Solveig Hunter
- 5 Lilly Camin
- 6 Mabel Brewer
- 7 Ella Mae Chacon
- 8 Helen Spencer
- 9 Jaycee Dunlap
- 10 Kirra Dunlap
- 11 Samantha Martinet
- 12 Meghan Lonneker
- 13 Lena Lonneker
- 14 Mackenzie Kriebel
- 15 Josie Tate
- 16 Audry Falcy
- 17 Rose Ting
- 18 Ramirose Attebury
- 19 Dorris Attebury
- 20 Jane Lawrence
- 21 Sara Lawrence
- 22 Stacy Albrecht



### Matthew and Daniel's group

1	Matthew Haley
2	Cara Haley
3	Kadence Haley
4	Phoebe Haley
5	Coco Harlow
6	Sueanne Ramella
7	Soren Hohenlohe
8	Joshua Potirniche
9	Gabriel Potirniche
10	Kian Steele
11	Holly Steele
12	Amberlyn Reisenauer
13	Walker Morris
14	Asher Michell
15	Dash Spellman
16	Morgan Parks
17	John Hegglund
18	Oscar Hegglund
19	Jon Turpin
20	Abigail Snow
21	Declan Ricker
22	Daniel Haley

# Rules and Roles

#### **GlobalXpeditions Travel Rules and Expectations**

Travel Company's Role: The travel company we select is responsible for coordinating all logistical aspects of our travel adventure. They will plan our breakfasts and dinners, transportation, accommodations, excursion information, and much more. They will also provide local knowledge about our destination and will be available 24/7 to assist the group in any way that is needed.

- reseture of substances that are illegal in Idaho (including vaping) are forbidden on ALL tours in the use of substances that are illegal in Idaho (including vaping) are forbidden on the use of substances that are illegal in the use of substances the use of subst Trip Advisors' Role: Our job as trip advisors is to set our behavioral expectations for the group (see below). We will also oversee all trip supervision and discipline (if needed) and we will stay behind in the rare case of an emergency (i.e., medical issue, a passport is lost or stolen, etc.). Lastly, we will ensure that every student and trip participant is fully supported while abroad.

Adult Role: All adult trip participants, besides the travel staff and the trip advisors, fall into this category.

- The most important role of the adult participants is to be supportive and always encouraging to all students and
- Adults must act as strong role models for the student participant. Please adhere to the student participant.

forbidden on this tour).

have fun, be flexible, and learn about a new culture.

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and lifelong memories.

Student's Role:

- o Any smoking, drinking, or use of illegal substances are forbidden on this tour. The possession of inappropriate materials, weapons, drug paraphernalia, etc. is also strictly prohibited. To be clear regardless of the laws within the countries we visit, if something is NOT legal in Idaho it is not allowed on this tour at any time.
- No one is allowed to invite people from outside of our trip to "hang out" or be around our gree

- To be clear, even if something is legal in another country but is not allowed in Idaho, it is Adults - Excessive use of alcohol or intoxication is also strictly prohibited on tour. student who violates any of these rules will be at risk of serious disciplinary actions and can be sent home from the understand the importance of complying with these rules. An early exit from our trip would be terrible for
  - If you can't be trusted at home and school than you may want to reconsider staying on this tour.
  - Breaking these rules could land you back on very expensive plane ticket home. Be Good!

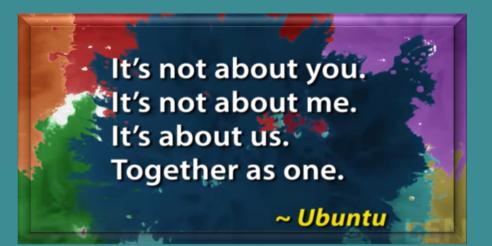
- To ensure that you accomplish this goal, please adhere to the following rules:
  - o All students are to participate in ALL group activities and shall understand that all group activities are mandatory to attend.

The role of all student participants is to have fun, increase global understanding, and to create new friendships

- No person of the opposite sex is allowed into your room at any time.
- o No individuals are allowed outside of their hotel at night. Each night after the group checks into the hotel rooms the advisors will set a reasonable time to be in rooms; these times are to be strictly followed.

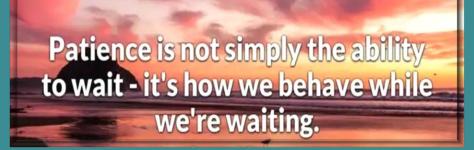
# **Traveler Ubuntu**

"We are in this together! We are a travel family! Each part/choice/action that a person makes will impact everyone."



Educational Group travel requires of both students and parents:

- Flexibility
- Patience
- Cooperation



Following the lead of your tour leaders



With these potential hurdles our group needs to embrace this ideas:

- "Hurry up and wait" We will have very busy and very slow times
- "Rolling with the punches" When you are tired, stressed, and annoyed you need to still be a GREAT teammate!
- "We are in this together! We are a travel family!
   Each part/choice/action that a person makes will impact everyone."
- Remember we are lucky to travel ... Be ready for anything

### Social Media and Photo Etiquette

Think about *appropriate* times to take photos

- Hotel rooms and bathrooms are NEVER OK
  - Pictures in these settings should not be taken or shared
- <u>Think</u> before you snap and <u>reflect</u> before you post
   If you need to ask if it is appropriate ... it is probably NOT
- Always ask permission It is ok to ask and never OK to embarrass someone
- We have a <u>Zero Tolerance Policy</u> while on tour



# Prepare for the tour now!!!

Here are tips to build travel confidence and create independent travelers.

### **Physical Health**

1) Get active and prepare for 20,000 steps per day

a. We advise you also to take some nature hikes on the rolling hills of the Palouse to simulate our nature days

b. Break in a nice pair of *closed toed* adventure shoes

2) Practice with your medications – know your dosages and how to administer basic first aide

### **Mental and Emotional Health**

- 1) Prepare your toolbox you will be triggered at some point while on tour ... prepare strategies NOW to help your mental and emotional health while on tour
  - a. Examples may include fidget toys, journaling, meditation practices, preparing a playlist on your phone, etc.
  - b. Spend some time away from home: Sleep overs, team camps, etc.
    - a. This helps to better cope with homesickness while abroad



people and the local culture

#### COMPLAINS

Constantly makes comparisons between here and home

#### **OBLIVIOUS**

Doesn't pay attention to people or surroundings

RESULT

A nice tan and a thinner wallet

SOUVENIR

An overpriced gift shop trinket

Presented by

Makes friends and connections with the locals

#### CURIOUS

Asks questions and explore with an open mind

#### SENSITIVE

Aware and respectful of cultural norms

GOAL

Values are shaped and lifetime experience is gained

**KEEPSAKE** 

A unique piece of physical culture

### 2 tips for avoiding the stereotypes:

BE RESPECTFUL Wherever you are, be respectful of the cultural traditions and values of the place you're visiting.

#### BE YOURSELF

Don't disregard or disown your own identity. Stay true to yourself, while still acclimating to the present culture.

A traveler also researches before they travel



Remember, we







f travel

www.landoftravel.com



# **Group Fundraiser's**



1) Valentine's Day chocolate sale
Local Cowgirl Chocolates
2) Mother's day fundraiser
Orchard Farm Soap products
3) Fall Coffee sale
4) Holiday wreath sale







### Where the real money is made!



### Individual and/or small-group fundraisers

- Do some spring yard work to pay your way!
  - Business card templates available on our website at <u>http://globalxpeditions.weebly.com</u>
- Small-group fundraisers



- Chance to work with your friends (shared motivation!)
- Be creative and sell to your strengths!
- Find tips, letter templates and suggested fundraisers at our website.
- Use our group email list to share ideas and extend invitations to other participate (do not reply all.)



BROWSE TOURS

TEACHERS STUDENTS

TS PARENTS

ITS MY AC

MY ACCOUNT

Home > Teachers > Making travel more accessible > Fundraising > Personal fundraising page

### Personal fundraising page

Every paying trip participant receives their very own fundraising page on explorica.com, and the page is generated automatically upon enrollment. Participants can personalize their page, or just use the provided default content, and begin accepting donations immediately. Here's a quick overview of how it works:

#### Accessing your fundraising page

As soon as a paying participant enrolls, they can access their personal fundraising page by logging in to their Tour Center and clicking on the "Go to my fundraising page" link in the "Tour Account" module:

#### ▼ TOUR ACCOUNT make a payment > terms & conditions >

#### Remaining Balance: \$1,601.25

Payment Plan: Monthly automated plan (checking account) Amount Paid: \$362.75 Last Payment Made: Aug 5, 2016 Next Payment Due: Sep 5, 2016 details >

Go to my fundraising page >

#### MAKING TRAVEL MORE ACCESSIBLE

fundraising personal fundraising page

# Using your Explorica Fundraising Page

#### roard not appear.



TOUR INCLUDES

Follow the online directions and forward this to friends and family to have them help You reach your travel goals!

# Spending Cash

\$500 spending cash encouraged for lunches and souvenirs

### > Use our fundraisers to help you earn this!













A debit card from your

bank works best

# Luggage, Cell Phones, and Debit Cards

We will explore these concepts in more depth at future meetings

Feel free to check out other options!

Pack LIGHT! Carry on ONLY for this tour

International phone plans

# Gifts for your Adventurer

- ✓ Money belt
- ✓ Travel wallet with a zipper pouch
- ✓ Carry on luggage (22''-14''-9'')
- ✓ Book about our destination
- ✓ Adaptor pack & voltage converters
- ✓ Reusable TSA approved toiletries bag
- ✓ Tri-State or similar gift card
- ✓ "Non smart" watch
- ✓ Light weight and easy dry clothes
- ✓ Scarf for cover up
- ✓ Portable charger
- ✓ Ear buds/headphones
- ✓ Neck pillow/ eye mask
- ✓ Reusable water bottle
- ✓ Travel journal
- ✓ Travel toiletries kit
- ✓ Mini first aide kit
- ✓ Comfortable facemask







#### South Korea-Japan 2025– Schedule of meetings/events

- Dec. 11, 2023
  1<sup>st</sup> meeting after signing up info about fundraiser #1
- March 25, 2024 2<sup>nd</sup> Meeting, Collect \$50 team building fee and \$100 Gratuity Fee and Info on fundraiser #2
- Sept. 21, 2024 Saturday Team building day #1 / fall fundraisers (9am-1pm at TBD location)
- Dec. 2, 2024
   Culture Night & final rooming preferences, roles/expectations, etc. @
   7pm in the MPR
- March 3, 2025 History and travel logistics @ 7pm in the MPR
- > May 5, 2025 Pre-travel information @ 7pm in the MPR
- May 17, 2025 Saturday Team Building Day #2 (9am-1pm at TBD location)
- June 16, 2025 Night before departure meeting. Time TBD

June 17-26, 2025
Our adventure is on!

All meetings and times are subject to change and you will be notified of any changes in advance. Please remember that all travel participants, including traveling adults, are required to attend at least 85% of all team meetings.

# Questions, Comments, Freaking Outs?

- Any group relevant questions ... please ask now
- All group leaders are available for additional questions after the meeting
- Contact us via email at matthewghaley@gmail.com
- Contact us via phone at (509) 330-2182



- This PowerPoint and trip details can be found at our website at Globalxpeditions.weebly.com
- > Like us on Facebook at Globalxpeditions





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